



# TRUESPORT EDUCATOR Code of Conduct

A code of conduct is a set of rules and responsibilities that outline expected behaviors from individuals or organizations. TrueSport recognizes that educators are influential in helping to develop the life skills that will transcend the classroom. As a TrueSport educator, the following code of conduct establishes the expected behaviors you must adhere to:

## SPORTSMANSHIP

Promoting fairness, respect, the importance of following the rules, and equal and ethical treatment of others.

### EDUCATORS WILL:

- Encourage good sport behavior from their students and educate their students about good sport practices.
- Share expectations for good sport behavior from all classroom and school visitors.
- Utilize their teaching philosophy and program values as guidelines for determining what behaviors or actions will be tolerated from students, educators, parents, and administrators, and work with administrators and colleagues to appropriately address those who violate the good sport expectations or safety of others.
- Always act in a manner that is consistent with their teaching philosophy and adhere to their classroom and school's values.
- Keep lines of communication with students, parents, and administrators open, honest, and professional.



## CHARACTER BUILDING

Using values-based education tactics to develop positive attitudes and behaviors -  
Courage, Respect, Integrity,  
Teamwork, and Responsibility.

### EDUCATORS WILL:

- Assist their students in discovering and practicing the positive attitudes and behaviors of courage, respect, integrity, teamwork, and responsibility through in-class participation.
- Encourage, reinforce, and practice positive attitudes and behaviors while acting in their role as educator and while in the presence of their students and students' families.
- Continue to educate themselves on best practices regarding character and life-skill development.
- Act with the highest level of integrity and encourage their students to do the same.



# TRUESPORT EDUCATOR Code of Conduct

## LIFE SKILLS

A skill that helps a person to function well in adult life, especially with regard to the development of social-emotional intelligence - Decision-Making, Goal-Setting, Leadership, Perseverance, and Accountability.



### EDUCATORS WILL:

- Continue to educate themselves on best practices for instilling and refining life skills with their students.
- Practice accountability by acknowledging when they have acted in a manner inconsistent with their expectations and values (i.e. shouting during a stressful situation).
- Encourage and educate their students on how to set SMART goals for both sport specific skills and life skills.
- Educate students about the decision-making model and encourage students to practice informed and intentional decision-making both in and out of the classroom.
- Teach students how to learn from their mistakes and losses.
- Acknowledge and practice their responsibility to positively impact a student's overall school experience and self-identity.
- Be mindful of and responsive to their responsibility to create an environment where students desire to continue to actively participate in future learning.

## HEALTHY PERFORMANCE

Wellness-centric lifestyles that fuel academic and personal success - in class and in everyday life.

### EDUCATORS WILL:

- Prepare and share lesson plans and/or practice schedules that allow students and student families to develop a balanced lifestyle between schoolwork and everyday life.
- Empower and encourage their students to recognize, admit to, and seek help for signs of burnout, stress, or anxiety.
- Recognize and celebrate, in ways most appropriate to the individual student need, both the small and large achievements made by their students.
- Empower and encourage their students to develop at their own pace
- Continue to educate themselves about best practice techniques for helping their students manage stress, anxiety, and failure.



# TRUESPORT EDUCATOR Code of Conduct

## CLEAN PERFORMANCE

Reaching academic potential with proper nutrition, hydration, and rest; not by turning to powders, pills, and energy drinks.

## EDUCATORS WILL:

- Encourage fair play and discourage cheating of any form, including performance-enhancing drug use and taking shortcuts.
- Encourage a food-first approach to staying healthy and alert.
- Practice healthy behaviors, including the avoidance of energy drinks or other stimulants while performing their duty as an educator.
- Abide by guidelines, rules, and regulations set out by state and national educator standards.

